



The Johns Hopkins University School of Medicine
Office of Continuing Medical Education
Turner 20, 720 Rutland Avenue
Baltimore, Maryland 21205-2195

The Philip A. Tumulty
**TOPICS in
CLINICAL
MEDICINE**
at JOHNS HOPKINS

May 3-7, 2010

Now in its 55th Year

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U.S. POSTAGE
PAID
BALTIMORE, MD
PERMIT NO. 5839

DATED MATERIAL



Now in its 55th Year

The Philip A. Tumulty
**TOPICS in
CLINICAL
MEDICINE**
at JOHNS HOPKINS

May 3 – 7, 2010

Department of Medicine
The Johns Hopkins University
School of Medicine
Baltimore, Maryland

Activity Directors:
Gail V. Berkenblit, MD, PhD
Daniel J. Brotman, MD
John A. Flynn, MD, MBA
D. William Schlott, MD
Myron L. Weisfeldt, MD

This activity has been approved
for 30.5 AMA PRA Category 1 Credits™.

“The talks are presented by individual expert faculty members, thus providing a rich breadth of scientific views and insights, standing ahead of other CME courses.”

DESCRIPTION

Topics in Clinical Medicine began 55 years ago with the late Dr. Philip Tumulty's belief that faculty should communicate not only its expertise in internal medicine, but also its collegiality and warmth. To maximize the intermingling between faculty and guests, Dr. Tumulty held the course at Hopkins (not a hotel), provided daily lunches with the faculty and conducted a variety of social events. The current course directors are Drs. Gail Berkenblit, Daniel Brotman, John Flynn, William Schlott, and Myron Weisfeldt. In 2010, Topics remains a course dedicated to providing the best summaries of the advances in internal medicine without pharmaceutical support and extending the hospitality of Johns Hopkins' faculty.

WHO SHOULD ATTEND

This activity is intended for internal medicine, family practice, and hospitalist medicine physicians; physician assistants, and other allied healthcare professionals.

"The Tumulty Topics is the best CME course I ever attend."

---Dr. Roger Merrill

"The Meet-the-Professor Sessions are great minds, approachable professors, and a collegial atmosphere, allowing you to improve your clinical skills and critical thinking beyond your computer's reach."

"It reminds me why I went into Internal Medicine."

OBJECTIVES

After attending this activity, the participant will demonstrate the ability to:

- Apply prognostication tools to patients with myeloma to determine which patients should be treated aggressively
- Assess the risk of cardiac surgery in the elderly patient
- Recognize and treat the patient with somatization disorder
- Identify the signs and symptoms of celiac disease in the adult
- Identify common infections that do not require antibiotic treatment

ACCREDITATION STATEMENT

The Johns Hopkins University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this educational activity for a maximum of 30.5 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

OTHER CREDIT

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

POLICY ON SPEAKER AND PROVIDER DISCLOSURE

It is the policy of The Johns Hopkins University School of Medicine that the speaker and provider disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The Johns Hopkins University School of Medicine OCME has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made in the activity handout materials.

TO REGISTER OR FOR FURTHER INFORMATION

Register Online	www.HopkinsCME.edu
Register by Phone (credit card only)	(410) 502-9635
Register by Fax	(866) 510-7088
Confirmation/Certificates	(410) 502-9635
General Information	(410) 955-2959
E-mail the Office of CME	cmenet@jhmi.edu
Sponsoring Department Website:	www.hopkinsmedicine.org/Medicine/

For general information, the direct link for this CME activity web page is:

<http://www.hopkinscme.edu/CourseDetail.aspx/80022732>.

GENERAL INFORMATION

Registration

Monday, May 3, 2010, 8:15 – 8:45 a.m., Turner Building, Lower Concourse

Location

Thomas B. Turner Building
The Johns Hopkins University School of Medicine
720 Rutland Avenue
Baltimore, Maryland 21205

The Turner Building is located on Rutland Avenue at Monument Street. Directions and campus parking information are available on our website under the contact and travel section at www.HopkinsCME.edu. Handicapped parking is available in the nearby Rutland Garage. Johns Hopkins is smoke-free.

Fees

Registration Cut-off Date - April 28, 2010

Methods of Payment: Payment by check or credit card must accompany the registration form prior to the activity. On-site payments by credit card only. Foreign payments must be by credit card or with a U.S. Dollar World Money Order. The registration fee includes instructional materials, continental breakfasts, refreshment breaks and lunches.

Physicians	\$900
Residents*/Fellows*/	
Allied Health Professionals.....	\$750
*with verification of status	

You will receive a confirmation by e-mail if you have provided your e-mail address. Otherwise confirmation will be sent by mail. If you have not received it by April 28, 2010, call (410) 502-9635 to confirm that you are registered. Certificates of attendance will be mailed by June 21, 2010.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

Late Fee and Refund Policy

A \$50 late fee applies to registrations received after 5:00 p.m. EST on April 28, 2010. A handling fee of \$50 will be deducted for cancellation. Refund requests must be received by fax or mail by April 28, 2010. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins conference in lieu of cancellation is not possible.

ACTIVITY DIRECTORS

Gail V. Berkenblit, MD, PhD
Daniel J. Brotman, MD
John A. Flynn, MD, MBA
D. William Schlott, MD
Myron L. Weisfeldt, MD

JOHNS HOPKINS LECTURING FACULTY

Rachel Abuav, MD
John Aucott, MD
Paul Auwaerter, MD, MBA
John Bartlett, MD
Robert Brodsky, MD
Roy Brower, MD
Hugh Calkins, MD
H. Ballentine Carter, MD
Danelle Cayea, MD
Michael Choi, MD

Paul Christo, MD
David Cooper, MD
Sara Cosgrove, MD
David Cromwell, MD
Amy DeZern, MD
Derek Fine, MD
Elliot Fishman, MD
Nicholas Fortuin, MD
Charlene Gamaldo, MD
Allan Gelber, MD, MPH, PhD
Richard George, MD
Jean Geschwind, MD
Jon Giles, MD
Argye Hillis, MD
Eric Howell, MD
Carol Ann Huff, MD
Noreen Hynes, MD, MPH
Kay Jamison, PhD
Todd Kolb, MD

Social Event

A complimentary reception for registrants and faculty will be held Tuesday, May 4, 2010, at the National Aquarium in Baltimore from 7:00 – 10:00 p.m., 501 E. Pratt Street, Baltimore, Maryland 21202. Please indicate your attendance on the Registration Form.

Hotel and Travel Information

We strongly encourage you to book your accommodations at the Tremont Plaza Hotel, which is the conference headquarters hotel. The Johns Hopkins Office of CME makes every effort to secure the best rate for overnight accommodations. The rate is part of a negotiated conference package that incorporates many services. By staying at the host hotel and booking within the room block, you help us maintain current conference benefits and keep future registration fees reasonable. Please consider this when making your overnight accommodations decision.

Tremont Plaza Hotel (800) 873-6668
222 Saint Paul Place (410) 727-2222
Baltimore, Maryland FAX: (410) 685-4216

Hotel Reservation Cut-off Date: April 4, 2010

Located just a short walk from Baltimore's Inner Harbor, the Tremont Plaza is an all-suite hotel, each unit with complete kitchens and separate sleeping quarters. Call the hotel directly to make your reservation. Specify that you are attending the Johns Hopkins Topics in Clinical Medicine activity to receive the special room rate of \$139 single or double, plus tax. Complimentary transportation will be provided to the activity. Both valet and self-parking are available at an additional charge. Check-in time is 3:00 p.m.

Call United Airlines at (800) 521-4041 for discounted rates and refer to Meeting ID Number 549TJ. Mileage Plus® miles are available.

Activity Evaluation

An activity evaluation form will be available to attendees to evaluate each session and each speaker's presentation, as well as to identify future educational needs.

Outcomes Survey

An outcomes survey will be sent to all physician attendees within three months post activity to assist us in determining what impact this activity had on the attendee's practice.

Emergency Calls

During the days of this activity only, May 3 – 7, 2010, direct emergency calls to the Hopkins registration desk, (410) 955-3673. Messages will be posted for participants.

Americans with Disabilities Act

The Johns Hopkins University School of Medicine fully complies with the legal requirements of the ADA and the rules and regulations thereof. *Please notify us if you have any special needs.*

Sophie Lanzkron, MD

Dawn LaPorte, MD

Naudia Lauder, MD

Linda Lee, MD

Stuart Levine, MD

Howard Levy, MD, PhD

Zoltan Mari, MD

Kieren Marr, MD

Michael McDevitt, MD, PhD

W. Tabb Moore, MD

James Mudd, MD

Daniel Munoz, MD

David Newman-Toker, MD, PhD

Eric Nuermberger, MD

Kimberly Peairs, MD

David Pearse, MD

Steve Petersen, MD

Michelle Petri, MD, MPH

William Ravich, MD

Roberto Salvatori, MD

Christopher Saudek, MD

Edward Schaeffer, MD, PhD

Paul Scheel, MD, MBA

Mary Sheu, MD

Kimberley Steele, MD

Michael Streiff, MD

Peter Terry, MD

David Thiemann, MD

Thomas Traill, MD, FRCP

Glenn Treisman, MD, PhD

Clifford Weiss, MD

Charles Wiener, MD

Robert Wise, MD

Ilan Wittstein, MD

Mark Worthington, MD

Roy Ziegelstein, MD

55TH ANNUAL PHILIP A. TUMULTY

Monday, May 3, 2010

8:15 - 8:45 Registration and Continental Breakfast

8:45 - 8:50 **Welcome and Conference Goals**

John Flynn, MD, MBA, D. William Schlott, MD,
Myron Weisfeldt, MD, Daniel Brotman, MD, and
Gail Berkenblit, MD, PhD

CARDIOLOGY

8:50 - 9:15 **Managing Atrial Fibrillation**

Hugh Calkins, MD

9:15 - 9:45 **TUMULTY ROUNDS**

John Flynn, MD, MBA

ENDOCRINOLOGY

9:45 - 10:10 **Hypercortisolism: Who Should I Screen?**

Roberto Salvatori, MD

10:10 - 10:35 **Diagnosing Diabetes and its Precursors in Practice**

Christopher Saudek, MD

ANESTHESIA AND CRITICAL CARE MEDICINE

10:35 - 11:00 **An Overview of Nerve Blocks, Pain Pumps, and Other
Anesthesia Interventions For Severe Pain**

Paul Christo, MD

11:00 - 11:15 Refreshment Break

NEUROLOGY

11:15 - 11:50 **New Treatments for Parkinson's Disease**

Zoltan Mari, MD

11:50 - 12:25 **Restless Leg Syndrome**

Charlene Gamaldo, MD

RHEUMATOLOGY

12:25 - 1:00 **Management of Gout for 2010**

Allan Gelber, MD, MPH, PhD

1:00 - 2:00 Lunch with the Professor Sessions

UROLOGY

2:00 - 2:25 **How the Internist Should Approach the Patient with
New Hematuria**

Edward Schaeffer, MD, PhD

2:25 - 2:50 **An Update on Prostate Cancer Screening**

H. Ballentine Carter, MD

ENDOCRINOLOGY

2:50 - 3:20 **The Year's Six Biggest Advances in Clinical Endocrinology**

David Cooper, MD

INFECTIOUS DISEASE

3:20 - 3:45 **Travel Medicine Tips**

Noreen Hynes, MD, MPH

3:45 - 4:00 Refreshment Break

4:00 - 5:00 Meet the Professor Sessions

Tuesday, May 4, 2010 – Hospitalist Day

8:00 - 8:30 Continental Breakfast

8:30 - 9:30 Meet the Professor Sessions

9:30 - 9:45 Refreshment Break

PATIENT SAFETY

9:45 - 10:10 **Safely Discharging Elderly Patients From the Hospital**

Eric Howell, MD

INFECTIOUS DISEASE

10:10 - 10:35 **Managing Soft Tissue Infections in the MRSA Era**

Sara Cosgrove, MD

CARDIOLOGY

10:35 - 11:00 **The Oculostenotic Reflex: When to be Comfortable
Managing Coronary Patients Without Intervention**

David Thiemann, MD

11:00 - 11:15 Refreshment Break

TOPICS IN CLINICAL MEDICINE

NEPHROLOGY

11:15 - 11:40 **Curbside Consultations: Nephrology**
Derek Fine, MD

DERMATOLOGY

11:40 - 12:05 **Inpatient Dermatology Consultations**
Rachel Abuav, MD

INTERVENTIONAL RADIOLOGY

12:05 - 12:30 **What Your Interventional Radiologist Can Do in 2010**
Clifford Weiss, MD

12:30 - 1:00 **HOSPITALIST SERVICE**

Cases From the Inpatient Hospitalist Service
Daniel Brotman, MD

1:00 - 2:00 Lunch with the Professor Sessions

INFECTIOUS DISEASE

2:00 - 2:25 **New Antifungals**
Kieren Marr, MD

CRITICAL CARE MEDICINE

2:25 - 2:50 **Top Changes in Critical Care Medicine Over the Last Decade**
Roy Brower, MD

INTERVENTIONAL RADIOLOGY

2:50 - 3:15 **Angiographic Treatment of Cancer**
Jean Geschwind, MD

3:15 - 3:30 Refreshment Break

CARDIOLOGY

3:30 - 4:00 **Update in Acute Decompensated Heart Failure**
Ilan Wittstein, MD

HEMATOLOGY

4:00 - 4:30 **New Anticoagulants**
Michael Streiff, MD

INFECTIOUS DISEASE

4:30 - 5:00 **Inpatient Infectious Disease Consultations**
Eric Nuernberger, MD

7:00 - 10:00 COURSE RECEPTION
National Aquarium in Baltimore

Wednesday, May 5, 2010

8:00 - 8:30 Continental Breakfast

8:30 - 9:30 Meet the Professor Sessions

9:30 - 9:45 Refreshment Break

DERMATOLOGY

9:45 - 10:10 **Instructive Cases From the Dermatology Clinic**
Mary Sheu, MD

CARDIOLOGY

10:10 - 10:35 **Cases From the Cardiology Clinic**
Thomas Traill, MD, FRCP

NEPHROLOGY

10:35 - 11:00 **Prevention of Recurrent Kidney Stones**
Michael Choi, MD

PSYCHIATRY

11:00 - 11:25 **Somatization: Unexplained Medical Symptoms From Munchausen's to Briquet's**
Glenn Treisman, MD, PhD

11:25 - 11:40 Refreshment Break

RHEUMATOLOGY

11:40 - 12:05 **Lupus Update**
Michelle Petri, MD, MPH

12:05 - 12:30 **An FUO Case From the Rheumatology Clinic**
Stuart Levine, MD

ORTHOPAEDICS

12:30 - 1:00 **Treatment Alternatives For Shoulder Arthritis**
Steve Petersen, MD

2010 PROGRAM

- 1:00 - 2:00 Lunch with the Professor Sessions
- ONCOLOGY**
- 2:00 - 2:25 **Internal Medicine and Cancer Survivorship: Clinical Approach to Breast Cancer Survivors**
Kimberly Peairs, MD
- 2:25 - 2:50 **Update on Multiple Myeloma**
Carol Ann Huff, MD
- NEUROLOGY**
- 2:50 - 3:15 **The Acutely Dizzy Patient: When Is It a Cerebrovascular Problem?**
David Newman-Toker, MD, PhD
- GERONTOLOGY**
- 3:15 - 3:45 **Cancer Screening in Older Adults**
Danelle Cayea, MD
- 3:45 - 4:00 Refreshment Break
- INFECTIOUS DISEASE**
- 4:00 - 4:30 **How HIV Has Informed Medicine**
John Bartlett, MD
- SURGERY**
- 4:30 - 5:00 **Bariatric Surgery**
Kimberley Steele, MD

Thursday, May 6, 2010

- 8:00 - 8:30 Continental Breakfast
- 8:30 - 9:30 Meet the Professor Sessions
- 9:30 - 9:45 Refreshment Break
- INFECTIOUS DISEASE**
- 9:45 - 10:10 **Antibiotics: Needed or Not?**
Paul Auwaerter, MD, MBA
- GASTROENTEROLOGY**
- 10:10 - 10:35 **An Update on Diverticulitis**
Linda Lee, MD
- HEMATOLOGY**
- 10:35 - 11:00 **The Approach to the Patient with Coagulation Abnormalities**
Robert Brodsky, MD
- 11:00 - 11:25 **Understanding Myelodysplastic Syndromes**
Michael McDevitt, MD, PhD
- 11:25 - 11:40 Refreshment Break
- GASTROENTEROLOGY**
- 11:40 - 12:05 **Celiac Disease: More Common Than You Think**
David Cromwell, MD
- CARDIOLOGY**
- 12:05 - 12:30 **Curbside Consultations: Cardiology**
Roy Ziegelstein, MD
- ORTHOPAEDICS**
- 12:30 - 1:00 **Hand Pain: What Are the Causes? What Do We Do?**
Dawn LaPorte, MD
- 1:00 - 2:00 Lunch with the Professor Sessions
- GENETICS**
- 2:00 - 2:25 **Hereditary Hemochromatosis**
Howard Levy, MD, PhD
- RHEUMATOLOGY**
- 2:25 - 2:50 **The Heart and Rheumatoid Arthritis**
Jon Giles, MD
- NEPHROLOGY**
- 2:50 - 3:15 **Renal Artery Revascularization: Does the Reward Justify the Risk?**
Paul Scheel, MD, MBA
- GASTROENTEROLOGY**
- 3:15 - 3:45 **Curbside Consultations: Gastroenterology**
Mark Worthington, MD

3:45 - 4:00 Refreshment Break

RADIOLOGY

4:00 - 4:30 **Abdominal Imaging in GI Patients:
The Role of Multidetector CT Scanning**
Elliot Fishman, MD

NEUROLOGY

4:30 - 5:00 **Non-Alzheimer's Dementia**
Argye Hillis, MD

Friday, May 7, 2010

7:30 - 8:00 Continental Breakfast

8:00 - 9:00 **MEDICAL GRAND ROUNDS**
D. William Schlott, MD and Gail Berkenblit, MD, PhD

INFECTIOUS DISEASE

9:00 - 9:30 **Lyme Disease**
John Aucott, MD

CARDIOLOGY

9:30 - 10:00 **Cardiac Surgery in the Elderly**
Nicholas Fortuin, MD

10:00 - 10:15 Refreshment Break

ENDOCRINOLOGY

10:15 - 10:45 **Fountain of Youth: Which Hormones Should One Take?**
W. Tabb Moore, MD

HEMATOLOGY

10:45 - 11:10 **Sickle Cell Disease For the General Internist**
Sophie Lanzkron, MD

GASTROENTEROLOGY

11:10 - 11:35 **Eosinophilic Esophagitis**
William Ravich, MD

PSYCHIATRY

11:35 - 12:00 **Evaluating Depression in General Medical Practice**
Kay Jamison, PhD

12:00 - 1:00 Luncheon

PULMONARY

1:00 - 1:30 **Pulmonary Manifestations of Rheumatic Disease**
Robert Wise, MD

OSLER'S GREATEST HITS

1:30 - 1:40 **Introduction:** Charles Wiener, MD

1:40 - 1:55 Amy DeZern, MD

1:55 - 2:10 Todd Kolb, MD

2:10 - 2:25 Naudia Lauder, MD

2:25 - 2:40 Daniel Munoz, MD

2:40 - 2:55 **Questions and Answers**

PULMONARY

2:55 - 3:20 **Pulmonary Embolus**
David Pearse, MD

3:20 - 3:35 Refreshment Break

3:35 - 4:00 **Curbside Consultations: Pulmonology**
Peter Terry, MD

CARDIOLOGY

4:00 - 4:30 **Use and Abuse of Screening For Coronary Artery Disease**
Richard George, MD

4:30 - 5:00 **Heart Failure with Reserved Ejection Fraction**
James Mudd, MD

5:00 Adjourn - Please complete and return the Evaluation and Credit Report Forms.

The Johns Hopkins University School of Medicine takes responsibility for the content, quality and scientific integrity of this CME activity.

This schedule is subject to change.

REGISTRATION FORM

Course Number 80022732

The 55th Annual Philip A. Tumulty Topics in Clinical Medicine
May 3-7, 2010

To Register: Online: www.HopkinsCME.edu By fax: (866) 510-7088
By phone (credit card only): (410) 502-9635

Or mail this form to The Johns Hopkins University, Office of Continuing Medical Education, P.O. Box 64128, Baltimore, Maryland 21264-4128. Include check payable to HOPKINS/80022732, or include credit card information below.

PAYMENT MUST ACCOMPANY FORM TO CONFIRM YOUR REGISTRATION.
Please type or print clearly:

last name first name middle initial

primary degree (for name badge) primary specialty

preferred mailing address

city state ZIP + 4 code country

daytime telephone fax number

E-mail

You will receive confirmation notice by e-mail if you provide your e-mail address.

- Check here if you wish to receive e-mail and/or fax notices about upcoming CME activities.
I plan to stay at the Tremont Plaza Hotel in Baltimore, Maryland
I will I will not attend the reception, Tuesday, May 4, 2010, at National Aquarium in Baltimore
I will I will not bring one free guest

Guest Name

Meet the Professor Session: If you wish to attend these sessions, please number your preferences from 1 (most desired) to 10 (least desired). Sessions will be assigned on a first-come, first-served basis. However, due to space limitations these sessions cannot be guaranteed for all registrants.

- Allergy/Immunology Geriatrics Nephrology
Cardiology Headache Neurology
Geriatric Cardiology Hematology Neurologic Muscular Disease
Clinical Pharmacology Hepatology
Critical Care Medicine HIV Oncology
Dermatology Hospitalist Osteoporosis
Diabetes Hypertension Palliative Medicine
Dizziness/Vertigo Infectious Disease Psychiatry
Endocrinology International Medicine Pulmonary
Gastroenterology Internet in Medical Practice Rheumatology
General Internal Lipids Management Trip to the Dome
Medicine Medical Ethics Urology
Genetics

Registration Fees:

Physicians.....\$900
Residents*/Fellows*/Allied Health Professionals\$750
*with verification of status

What do you hope to learn by attending this activity?

Please notify us if you have any special needs.

For registrations received after 5:00 p.m. EST on April 28, 2010, include a \$50 late fee. On-site registrations are payable only by credit card.

Total amount enclosed \$

Payment Type:

JHU Faculty/Staff Only: Complete registration form and return with appropriate form below to OCME, Turner 20.

- Internal Order Number: The ION Data Request Form, can be found online at http://www.hopkinscme.edu/pdfs/IonRequest.pdf.
Tuition Remission: To apply for TR, go to http://benefits.jhu.edu/EduBenefits/tuitionRemission.cfm. This is a non-credit professional development activity.

- Check (See instructions on top of form.)
Credit Card: VISA MASTERCARD DISCOVER AMEX

Card # Exp. Date

Name on Card

Signature Date