24th ANNUAL MOOD DISORDERS RESEARCH/EDUCATION SYMPOSIUM

Tuesday, April 20, 2010

Advancement Through Collaboration

Presented by

JOHNS HOPKINS
MEDICINE
CONTINUING MEDICAL EDUCATION

Department of Psychiatry and
Behavioral Sciences

and the

Johns Hopkins Mood Disorders Center

Jointly provided by

The Institute for Johns Hopkins Nursing

Thomas B. Turner Building
The Johns Hopkins University School of Medicine
Baltimore, Maryland

JOHNS HOPKINS
MEDICINE
CONTINUING MEDICAL EDUCATION

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DATED MATERIAL

DEAR PROSPECTIVE REGISTRANT:

Over 20 million Americans suffer from depression or bipolar disorder. All of them could be helped but only 25 percent get any professional treatment.

For more than 25 years, Johns Hopkins has provided clinical care to thousands of patients with depression and bipolar illness. In addition, our faculty is involved in research initiatives in the genetics and the treatment of mood disorders. From lessons learned in the clinical and research settings, our faculty is also committed to reaching out in innovative and proactive ways to those in a position to influence treatment standards and public understanding of mood disorders.

An important part of our activities for 2010 will be the Johns Hopkins Mood Disorders Research/Education Symposium, discussed in this brochure, to be held on April 20, 2010 in Baltimore, Maryland. This year the Symposium's theme is "Advancement through Collaboration." Speakers have been selected to address innovations that speak to the knowledge gaps in diagnosis, care delivery and research about mood disorders.

We hope you will be with us on Tuesday, April 20th.

Sincerely,

J. Raymond DePaulo Jr., MD
Henry Phipps Professor of
Psychiatry and Behavioral Sciences
Director, Department of
Psychiatry and Behavioral Sciences
The Johns Hopkins University
School of Medicine

Karen L. Swartz, MD
Director, 24th Annual Mood Disorders
Research/Education Symposium
Associate Professor of Psychiatry and
Behavioral Sciences
Director, Mood Disorders Clinical Programs
The Johns Hopkins University
School of Medicine

TO REGISTER or FOR FURTHER INFORMATION

Register Online	www.HopkinsCME.edu
Register by Phone (credit card only)	(410) 502-9634
Register by Fax	(866) 510-7088
Confirmation/Certificates	(410) 502-9634
General Information	(410) 955-2959
E-mail the Office of CME	cmenet@jhmi.edu

Sponsoring Division Website:
http://www.hopkinsmedicine.org/psychiatry/specialty_areas/moods/

For general information, the direct link for this CME activity web page is:
http://www.hopkinscme.edu/CourseDetail.aspx/80021010.

DESCRIPTION

Mood disorders are among the most common illnesses in the world. An estimated 20 percent of adults suffer from depression or bipolar disorder. Despite the availability of effective treatments, the majority of individuals never receive adequate treatment. In a recent national study, approximately 10% of those with major depression treated in primary care settings received sufficient treatment. This same study estimated that only 50 percent of those treated in specialty mental health clinics received therapeutic doses of medication for the required duration of care. This underscores the need for improved knowledge about mood disorders including barriers to care, factors that interfere with remaining in care, and the complexity of the diseases. Other studies have demonstrated that mood disorders can be successfully treated in primary care settings. Each year the Mood Disorders Research/Education Symposium strives to improve knowledge about and treatment of mood disorders.

A major national initiative, the National Network of Depression Centers (NNDC), has been launched to foster collaborative efforts to address these gaps. This year's symposium will feature speakers involved in the NNDC. Dr. John Greden, former chair of psychiatry at the University of Michigan and founder of the Michigan Depression Center, led this national effort. He will address the formation of the NNDC and review the collaborative care network and potential for evaluation of treatment effectiveness in real clinical settings. Dr. Frank deGruy, the chair of the Department of Family Medicine at the University of Colorado, will review methods for collaborative care in primary care settings with a focus on optimal assessment and treatment in non-specialty settings. This is particularly relevant as the majority of depression treatment is currently provided by non-psychiatrists. Dr. David Axelson, Associate Professor of Psychiatry at the University of Pittsburgh will review data from a major longitudinal study of mood disorders in children and adolescents and discuss issues specific to the diagnosis and treatment of mood disorders in this critical group. Dr. James Potash, Associate Professor of Psychiatry at Johns Hopkins, will describe current collaborative efforts to understand the underlying etiology of mood disorders through genetic research. His recent research includes the identification of a novel loci for major depression analyzing data from three major genetics studies of mood disorders. The clinical potential of this recent research will be discussed.

Given that one of the major barriers to receiving adequate treatment is the failure to recognize depression or bipolar disorder, other speakers will address the presentation of the illnesses in a variety of settings. Col. Elspeth Ritchie of the United States Army will specifically address the challenges of recognizing and treating mood disorders and post-traumatic stress disorder in the military community. Dr. Kay Redfield Jamison, a nationally recognized author and Professor of Psychiatry at Johns Hopkins, will discuss historical perspective on mood disorders and a patient will be interviewed by the course director, Dr. Karen Swartz to demonstrate methods of examination and to review the signs and symptoms of mood disorders.

WHO SHOULD ATTEND

This activity is intended for psychiatrists, psychologists, neurologists, pediatricians, internists, family practitioners, nurses, nurse practitioners, social workers, counselors, educators, patients, family members and all those interested in this topic.

OBJECTIVES

After attending this activity, the participant will demonstrate the ability to:

- Discuss advancements in mood disorders related research
- Analyze family strife, the economic burden, loss of productive careers and other personal dimensions caused by clinical depression and bipolar illness
- Relate comprehensive and current information to patients and family members to help them cope and recover from these mood disorders.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The Johns Hopkins University School of Medicine and The Institute for Johns Hopkins Nursing. The Johns Hopkins University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The Johns Hopkins University School of Medicine designates this educational activity for a maximum of 4.25 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

NURSING CREDIT

AANC

The Institute for Johns Hopkins Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This 4.2 contact hour Educational Activity is provided by The Institute for Johns Hopkins Nursing.

AANP

The Institute for Johns Hopkins Nursing is approved as a provider of nurse practitioner continuing education by the American Academy of Nurse Practitioners: AANP Provider Number 061216.

This program has been granted 4.2 contact hours of continuing education (which includes pending pharmacology hours).

OTHER CREDIT

American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

American Academy of Physician Assistants (AAPA)

AAPA accepts AMA Category 1 CME credit for the PRA from organizations accredited by ACCME.

Psychologists

The Johns Hopkins University School of Medicine is authorized by the State Board of Examiners of Psychologists as a provider of continuing education. The Johns Hopkins University School of Medicine maintains responsibility for this program. A certificate for 4.25 CEUs will be awarded upon completion of this symposium.

Social Workers

The Maryland Board of Social Work Examiners certifies that this program meets the criteria for 4.25 credit hours of Category 1 or 4.25 CEUs of continuing education for social workers and associates licensed in Maryland. The Johns Hopkins University School of Medicine is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland.

Professional Counselors and Therapists

This CE Program has been approved by the Maryland Board of Professional Counselors and Therapists for Category A CEUs.

Policy on Speaker and Provider Disclosure

It is the policy of The Johns Hopkins University School of Medicine and The Institute for Johns Hopkins Nursing that the speaker and provider disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The Johns Hopkins University School of Medicine OCME has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made in the activity handout materials.

PROGRAM

11:00 - 12:45	Registration
12:45 - 1:00	**Welcome and Conference Goals** Karen L. Swartz, MD *Director, 24th Annual Mood Disorders Research/Education Symposium* *Associate Professor of Psychiatry and Behavioral Sciences* *Director, Mood Disorders Clinical Programs* *The Johns Hopkins University School of Medicine*
1:00 - 1:20	**Progress through Partnership: The National Network of Depression Centers** John F. Greden, MD *Rachel Upjohn Professor of Psychiatry* *Clinical Neurosciences Research Professor* *Molecular and Behavioral Neurosciences Institute* *Executive Director, University of Michigan Depression Center* *Ann Arbor, Michigan*
1:20 - 1:30	**Questions and Answers**
1:30 - 1:50	**Power in Numbers: Collaborative Genetics Research** James B. Potash, MD, MPH *Associate Professor of Psychiatry and Behavioral Sciences* *The Johns Hopkins University School of Medicine*
1:50 - 2:00	**Questions and Answers**
2:00 - 2:20	**Management of Depression in Primary Care: Collaboration with Mental Health Professionals** Frank V. deGruy III, MD, MSFM *Woodward-Chisholm Chair and Professor of Family Medicine* *Director, Primary Care Outreach and Research* *University of Colorado Denver School of Medicine* *Denver, Colorado*
2:20 - 2:30	**Questions and Answers**
2:30 - 3:10	**Challenges in the Diagnosis and Treatment of Depression and Post-traumatic Stress Disorder within the Military Community: A Military Perspective** Colonel Elspeth Cameron Ritchie, MD, MPH *Adult and Forensic Psychiatrist* *Director, Behavioral Health Proponency* *Office of Army, The Surgeon General* *Falls Church, Virginia*
3:10 - 3:40	Refreshment Break
3:40 - 4:00	**Nathaniel Hawthorne: Treatment of a Poet** Kay Redfield Jamison, PhD *Professor of Psychiatry and Behavioral Sciences* *Co-Director, Johns Hopkins Mood Disorders Center* *The Johns Hopkins University School of Medicine*
4:00 - 4:10	**Questions and Answers**
4:10 - 4:30	**Collaborations in Pediatric Mood Disorder Research: The Course and Outcome of Bipolar Youth Study** David A. Axelson, MD *Associate Professor of Psychiatry* *University of Pittsburgh School of Medicine* *Director, Child and Adolescent Bipolar Services Program* *Western Psychiatric Institute and Clinic* *Pittsburgh, Pennsylvania*
4:30 - 4:40	**Questions and Answers**
4:40 - 5:20	**A Patient's Perspective** Interviewed by Karen L. Swartz, MD
5:20 - 5:30	**Remarks and Summary**
5:30	Adjourn – Please complete and return your evaluation and credit report forms.

The Johns Hopkins University School of Medicine and The Institute for Johns Hopkins Nursing take responsibility for the content, quality and scientific integrity of this CME activity.

This schedule is subject to change.

GENERAL INFORMATION

REGISTRATION
April 20, 2010 • 11:00 am - 12:45 pm

LOCATION
Thomas B. Turner Building
The Johns Hopkins University School of Medicine
720 Rutland Avenue
Baltimore, Maryland 21205

The Turner Building is located on Rutland Avenue at Monument Street. *Johns Hopkins is smoke-free.*

TRANSPORTATION AND PARKING
We recommend that participants carpool and use public transportation (bus, Metro, Light Rail, MARC and taxi) directly to the Johns Hopkins Medical Campus since parking for CME participants is very limited.

Telephone number for bus, Metro, Light Rail and MARC: (410) 539-5000 or (800) 543-9809

PLEASE NOTE: If you plan to drive, participants should use the satellite parking lot at 3700 East Monument Street (current rate is $4 per day) and take the complimentary shuttle directly to and from the Turner Building. Directions to the satellite facility and the other campus garages will be forwarded with your activity confirmation notice. Only those vehicles with handicapped license plates will be able to park in the Rutland garage, which is entered from Madison Street. Visit our website for driving/parking directions: www.HopkinsCME.edu.

FEES
REGISTRATION CUT-OFF DATE: April 15, 2010

Methods of Payment: Payment by check or credit card must accompany the registration form prior to the activity. On-site payments by credit card only. Foreign payments must be by credit card or with a U.S. Dollar World Money Order. The registration fee includes instructional materials and a light refreshment break of cookies and beverages only. Box Lunches are available for purchase on the Registration Form.

Physicians ..... $ 135
Residents*/Fellows*/Nurses/Nurse Practitioners/
Allied Health Professionals/Non-Physicians..... $ 90
*with verification of status

You will receive a confirmation by e-mail if you have provided your e-mail address. Otherwise confirmation will be sent by mail. If you have not received it by April 15, 2010, call (410) 502-9634 to confirm that you are registered. Certificates of attendance will be mailed by June 4, 2010.

The Johns Hopkins University reserves the right to cancel or postpone any activity due to unforeseen circumstances. In this event, the University will refund the registration fee but is not responsible for travel expenses. Additionally, we reserve the right to change the venue to a comparable venue. Under such circumstances registrants will be notified as soon as possible.

LATE FEE AND REFUND POLICY
A $50 late fee applies to registrations received after 5:00 p.m. EST on April 15, 2010. A handling fee of $50 will be deducted for cancellation. Refund requests must be received by fax or mail by April 15, 2010. No refunds will be made thereafter. Transfer of registration to another Johns Hopkins conference in lieu of cancellation is not possible.

OPTIONAL BOX LUNCH
Attendees have the option to purchase a box lunch at $10 each, which includes a choice of a chicken caesar wrap, tuna sandwich or vegetarian wrap, with chips, whole fruit, cookie and beverage. Please indicate your preference on the registration form. Box lunches must be pre-ordered. No on-site orders will be accepted.

ACTIVITY EVALUATION
An activity evaluation form will be available to attendees to evaluate each session and each speaker's presentation, as well as to identify future educational needs.

OUTCOMES SURVEY
An outcomes survey will be sent to all physician attendees within three months post activity to assist us in determining what impact this activity had on the physician's practice.

EMERGENCY CALLS
On the day of this activity only, April 20, 2010, direct emergency calls to the Hopkins registration desk, (410) 955-3673. Messages will be posted for participants.

AMERICANS WITH DISABILITIES ACT
The Johns Hopkins University School of Medicine and The Institute for Johns Hopkins Nursing fully comply with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs.

ACKNOWLEDGEMENT
We wish to acknowledge the following organization that has pledged an educational grant in support of this activity:

Kristin Rita Strouse Foundation

REGISTRATION FORM

Course Number 80021010

24th Annual Mood Disorders Research/Education Symposium

April 20, 2010

To Register: Online: www.HopkinsCME.edu **By fax:** (866) 510-7088
By phone (credit card only): (410) 502-9634

Or mail this form to The Johns Hopkins University, Office of Continuing Medical Education, P.O. Box 64128, Baltimore, Maryland 21264-4128. Include check payable to **HOPKINS/80021010**, or include credit card information below.

PAYMENT MUST ACCOMPANY FORM TO CONFIRM YOUR REGISTRATION.

Please type or print clearly:

last name | first name | middle initial

primary degree (for name badge) | primary specialty

preferred mailing address

city | state | ZIP + 4 code | country

daytime telephone | fax number

e-mail __/__/__/__